

Coverage Period: 01/01/2016 - 12/31/2016

Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: EPO

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**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at <u>welcometouhc.com</u> or by calling 1-800-697-3481.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket</u> <u>limit</u> on my expenses?	Network: <b>\$2,000</b> Individual / <b>\$4,500</b> Family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	<b>Premium</b> , balance-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of <u>network providers</u> , see <u>myuhc.com</u> or call <b>1-800-697-3481</b> .	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your innetwork doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, <b>preferred</b> , or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

Questions: Call 1-800-697-3481 or visit us at <u>welcometouhc.com</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf</u> or call the phone number above to request a copy.



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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If a non-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if a non-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)

• This plan only covers services if rendered by network **providers**. Exceptions include emergency services as described in your policy.

Common Medical Event	Services You May Need	Your Cost If You Use a Network Provider	Your Cost If You Use a Non-Network Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 copay per visit	Not Covered	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Specialist visit	\$25 copay per visit	Not Covered	If you receive services in addition to office visit, additional copays, deductibles, or co-ins may apply.
	Other practitioner office visit	\$25 copay per visit of Manipulative (Chiropractic)services	Not Covered	Benefits include diagnosis and related services and are limited to one visit and treatment per day. Benefits are limited to 36 visits per calendar year.
	Preventive care / screening / immunization	No Charge	Not Covered	Includes preventive health services specified in the health care reform law. No coverage non-network.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	Not Covered	None
	Imaging (CT / PET scans, MRIs)	No Charge	Not Covered	None



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Summary of Benefits and Coverage: What This Plan Covers & What it Costs Coverage for: Employee & Family Plan Type: EPO Pre-notification is required for certain abuse needs Mental / Behavioral health services. See your policy or plan No Charge Not Covered document for additional information inpatient services about EAP benefits. See your policy or plan document for Substance use disorder outpatient additional information about EAP \$20 copay per visit Not Covered services benefits. Pre-notification is required for certain services. See your policy or plan Substance use disorder inpatient No Charge Not Covered document for additional information services about EAP benefits. If you are pregnant No Charge after the Additional copays, deductibles, or coins may apply depending on services initial prenatal visit \$20 Prenatal and postnatal care Not Covered rendered. copay Delivery and all inpatient services No Charge Not Covered None Benefits are unlimited for skilled care If you need help recovering or have services per calendar year. Pre-Home health care No Charge Not Covered notification is required for certain other special health needs services. Any combination of outpatient \$25 copay per outpatient rehabilitation services is limited to 60 Rehabilitation services Not Covered visit visits per calendar year. Benefits are limited to children under age 19 for the treatment of a child with a congenital or genetic birth defect to \$25 copay per outpatient Habilitative services Not Covered enhance a child's ability to function visit except for early intervention and schools services. Limited to 60 days per calendar year. No Charge Not Covered (combined with inpatient Skilled nursing care rehabilitation) Pre-notification is required for DME o Durable medical equipment No Charge Not Covered ver \$1,000 or no coverage.



**Select EPO Plan** Coverage Period: 01/01/2016 – 12/31/2016

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		Hospice service	No Charge	Not Covered	Limited to 360 days per calendar year.
	If your child needs dental or eye care	Eye exam	\$25 copay per outpatient visit	Not Covered	Limited to 1 exam every year.
		Glasses	Not Covered	Not Covered	No coverage for glasses.
		Dental check-up	Not Covered	Not Covered	No coverage for dental check-up.

### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)			
Cosmetic surgery	<ul><li>Dental care (Adult/Child)</li><li>Glasses (Adult/Child)</li><li>Long-term care</li></ul>	<ul> <li>Non-emergency care when traveling outside the U.S.</li> <li>Private-duty nursing</li> </ul>	<ul><li>Routine foot care</li><li>Weight loss programs</li></ul>
Other Covered Services services.)	(This isn't a complete list. Check your po	olicy or plan document for other cove	ered services and your costs for these
<ul><li>Acupuncture</li><li>Bariatric surgery</li></ul>	<ul><li>Chiropractic care</li><li>Hearing aids</li></ul>	Infertility treatment	Routine eye care (Adult/Child)



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Coverage for: Employee & Family 
Plan Type: EPO Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-866-747-1019. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>.

# **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact the Member Service number listed on the back of your ID card or <u>myuhc.com</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact dol.gov/ebsa/healthreform.

# **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy <u>does</u> provide minimum essential coverage.** 

## **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

# **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-697-3481.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-697-3481.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-697-3481.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-697-3481.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page. -----



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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



# This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

## Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$7,320
- Patient pays \$220

### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

### Patient pays:

· anom payor	
Deductibles	\$0
Copays	\$20
Coinsurance	\$0
Limits or exclusions	\$200
Total	\$220

# Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$4,360
- Patient pays \$1,040

### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

### Patient pays:

Total	\$1,040
Limits or exclusions	\$40
Coinsurance	\$0
Copays	\$1,000
Deductibles	\$0



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# **Questions and answers about Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied to the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.
- If other than individual coverage, the Patient Pays amount may be more.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

**Questions:** Call 1-800-697-3481 or visit us at <u>welcometouhc.com</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>cms.gov/CCIIO/Resources/Files/Downloads/uniform-glossary-final.pdf</u> or call the phone number above to request a copy.